

Sun Protection Policy

Very young children have sensitive skin that can be easily damaged by the sun's dangerous UV rays. Children in our care may also spend a lot of their time outdoors. At this young age, they are unable to take responsibility for their own sun protection. So, we as carers have a responsibility to ensure that children in our care are protected from the harmful effects of the sun. Although fair skinned people are more at risk from sun damage, sun protection is relevant to both fair and dark-skinned children.

AIMS

- **PROTECTION:** providing an environment that enables children and staff to stay safe in the sun.
- **EDUCATION:** learning about sun safety to increase knowledge and influence behaviour.
- **COLLABORATION:** working with parents, the management structure and the wider community to reinforce awareness about sun safety in our organisation.

At Buckles and Bows, we want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this through:

EDUCATION – Parents and guardians will be sent a letter explaining what we are doing about sun protection and how they can help at the beginning of the summer term. Children are taught the effects the sun has on their bodies and well-being.

Shade:

We have a covered area where children will be encouraged to play during the hottest part of the day.

Timetabling:

Children will spend more time playing outside before 11am and after 2pm,

Clothing:

We will actively encourage all children to wear a hat when playing outside. We have some nursery hats to lend to children who forget their own.



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Hydration:

Children are encouraged to drink regularly during the day but during extreme hot weather particular care will be taken to remind them of the need to do this. Fresh water is available at all times.

Sunscreen:

We will send letters home asking parents to apply all day sunscreen before attending nursery during the summer months. If they don't have a bottle in their bag, the staff will need to reapply from our own supply at lunch time. A sunscreen consent form must be completed and returned in order for us to do this.

Where possible we ask parents to apply all day sun cream to their child before coming into nursery on the days that require it. Please also provide and encourage your child to wear a sun hat. Government guidelines state the safest place is outside. If you haven't applied all day suncream **you must inform us** as cream will need to be reapplied at lunch time by a member of staff wearing gloves.

Signed on behalf of the pre-school.....

A handwritten signature in black ink, appearing to be "M. Ouel", is written over the signature line.

Position within group.....CHAIRPERSON.

Latest review date: 18th February 2025